

Aromatherapy

A Perfect Mate for Massage

Florida CE Provider No. 50-10965, CE Broker Course Tracking # 20-702931. NCBTMB approval is pending.

This is a 6 CE self-study course that is taught on-line through Google Classroom. It can be accessed from your computer, ipad, tablet, or smart phone.

It includes text to enjoy reading at your own pace, beautiful color photos, as well as video instruction to really bring the course alive.



Course Requirements:

- A 70% pass score is required on the 30 question quiz with multiple choice answers. That means 21 questions must be answered correctly to pass. You will receive your grade as soon as you submit the quiz.
- The Course Evaluation is also required to receive your Certificate of Completion and 6 CE hours. Allow up to 4 weeks for Certificate receipt via email and for your 6 general CE hours to be reported to CE Broker for you.
- Unpaid or returned checks or money orders will incur a \$35 fee payable to Prima Body. This fee is subject to change without notice, depending on the current bank rates. Your course will be considered complete when tuition and payment of all additionally incurred fees have been paid and received.
- By purchasing the course, you agree to be bound by the copyright: It is unlawful to alter, copy, reproduce, or share the course, or to transmit any portion in any form or by any means to another person or party.

Cancellation & Refunds:

- There is **no cancellation** for this course. Tuition is **non-refundable**.
- Unpaid or returned checks or money orders will incur a \$35 fee payable to Prima Body. This fee is subject to change without notice, depending on the current bank rates. Your course will not be considered complete without full payment of tuition and payment and receipt of all additionally incurred fees.

Learning Objectives / Outcomes:

View the Learning Objectives below, then return to the website to purchase this course via PayPal, personal check, or money order.

Upon successful completion of this course, the student will be able to:

- Define and describe the modality of Aromatherapy
- Understand some historical uses of essential oils and/or aromatic plants
- Recognize the primary chemical families that comprise essential oils, and discuss their safety features as well as affinity for various body systems
- Explain how essential oils are extracted from aromatic plants
- Describe the evolution of massage
- Choose and incorporate essential oils that are most appropriate and may bring the best enhancement(s) to their particular massage modality
- Blend essential oils with a carrier oil in ratios that are deemed safe for general populations as well as specific massage populations
- Choose between a variety of carrier oils to suit individual client needs or preferences
- Perform a Skin Patch Test as a safety check for individual responses to essential oil massage blends
- Use aromatherapy to potentially bring additional benefit(s) to their client's massage experience
- Understand methods for using essential oils either broadly over the body, on specific locations only, or via inhalation
- Understand and define 28 different therapeutic properties of essential oils
- Choose essential oils to best target support for musculoskeletal issues, circulation, lymphatic support, pain management, and relaxation
- Safely incorporate the uses of 27 different essential oils into massage practice

Return to the website to purchase this course via PayPal, personal check, or money order.

